

## IV Dental Sedation Sydney

### **Information For Patients Undergoing Intravenous Conscious Sedation**

#### **What is intravenous (IV) conscious sedation?**

Intravenous conscious sedation, also called sleep dentistry, sedation dentistry, or twilight sedation, is a form of sedation where sedatives and pain-relieving drugs are administered intravenously to make you relaxed and feel sleepy. Your memory and ability to keep track of time will also become blurred.

#### **Who normally considers conscious sedation?**

People who consider conscious sedation include:

- Patients who are anxious or fearful about dentistry
- Patients with a strong gag reflex
- Patients who have had bad past dental experiences
- Patients who have had difficulty achieving anaesthesia
- Patients requiring surgical procedures such as wisdom teeth extractions, dental implants
- Patients requiring long dental procedures such as root canal treatment and crowns
- Patients requiring multiple dental visits

#### **What are the benefits?**

Patients who are otherwise anxious or fearful about dentistry can have their dental treatment completed in a comfortable and relaxed manner. Because such patients are coming in earlier to seek treatment, their problems will be more easily resolved than if they postponed their treatment.

Complex dental treatments that require multiple visits can be completed in fewer appointments. In addition, long dental procedures will feel like they are finished very quickly.

#### **What are the risks?**

IV conscious sedation is a modern and safe method for keeping patients sedated. You may experience some bruising, tenderness, or swelling, near the site of the cannulation. You may also experience dizziness or nausea. You need to inform your dentist about any medical conditions, any medications or allergies to ensure you have a safe sedation.

#### **What are my alternatives?**

Most dental procedures are performed under local anaesthetic alone; that is, you will be numb and will not feel pain but you will be completely awake and alert. Nitrous (happy gas) sedation is also available and it will make you feel relaxed and light headed; however, it is a lighter form of sedation compared with IV conscious sedation. General anaesthesia can only be done in a hospital setting.

#### **Am I suitable for sedation?**

Most people are suitable for sedation. You need to inform your dentist about any medical conditions, any medications or allergies. You need to tell your dentist if you are pregnant (confirmed or suspected) or if you are intending to become pregnant.

#### **How do I prepare for a sedation appointment?**

Instructions for BEFORE sedation and AFTER sedation will be provided to you and it is important that you follow them.

**Dr David Dong**  
BDS (Hons) Melb Uni  
GradDipClinDent (Sedation) Syd Uni  
**Provider #: 4663707L**

**M:** 0430 339 610  
**E:** [IVDentSedSyd@gmail.com](mailto:IVDentSedSyd@gmail.com)  
**W:** IVDentSedSyd.com  
Last updated: Jan 2022

### **Instructions For Intravenous Conscious Sedation**

#### **Before Sedation Instructions**

- You must have a **responsible adult** to accompany you after your sedation appointment.
- **Private car or taxi transport** must be organised; patients can not travel home after sedation via public transport.
- **Solid food** may be taken **up to 6 hours** prior to your sedation appointment.
- **Clear fluids** may be taken **up to 2 hours** prior to your sedation appointment.
  - ✓ Examples: clear apple juice, clear cordial, black tea (no milk), black coffee (no milk)
  - ✗ Examples: cloudy apple juice, orange juice, milk-based drinks, jelly
- Do not smoke or drink alcohol for at least 24 hours before your appointment.
- Do remove contact lenses before your treatment.
- Do take any prescription medicines with a small sip of water in the morning as normal, unless otherwise told by your dentist.
- Do report any allergies to the dentist on your arrival.
- Do tell your dentist if there are any changes to your medications, medical history or health.
- Do wear comfortable clothing that allows easy access to your arms (e.g. **short sleeved t-shirt and tracksuit pants**).
- Do wear **flat-heeled shoes** as you will be unsteady on your feet for a couple of hours following the sedation visit.
- Do brush your teeth before your appointment.
- Do remove all makeup, jewellery and nail polish before your appointment.

#### **After Sedation Instructions**

- Do not **drive a vehicle or operate machinery** for at least 24 hours.
- Do not make any important decisions or sign any legal documents for at least 24 hours.
- Do not consume alcohol or sleeping tablets for 24 hours following sedation as these may interact with sedatives that are still in your body.
- Do have a responsible adult accompany you for the next 24 hours.
- Do take any medications prescribed for you.
- You will be provided with post-operative instructions regarding your dental procedure.

## IV Dental Sedation Sydney

### Medical History Questionnaire

<b><u>Patient Details</u></b>			
Patient Name:		Sex:	
Address:		DOB:	
		Age:	
Phone:		Height (cm):	
		Weight (kg):	
<b>Please list any past hospitalisations or operations</b>			
<b>Year</b>	<b>Operation or Reason for hospitalisation</b>		
<b>Have you ever had general anaesthesia or sedation before?</b>		<b>Yes</b>	<b>No</b>
<b>Did you experience any complications related to anaesthesia or sedation? If so, what were they?</b>		<b>Yes</b>	<b>No</b>
Nausea/vomiting Dizziness Prolonged recovery	Other:		
<b>Do you or have you experienced any of the following issues?</b>		<b>Yes</b>	<b>No</b>
Chest pain Difficulty breathing Palpitations Fatigue	Other:		
<b>Cardiovascular conditions:</b>		<b>Yes</b>	<b>No</b>
Heart murmur Heart valve problems Heart surgery Pacemaker High blood pressure	Other:		
<b>Respiratory conditions:</b>		<b>Yes</b>	<b>No</b>
Asthma COPD Emphysema Pneumonia Snoring Sleep apnoea	Other:		
<b>Liver conditions:</b>		<b>Yes</b>	<b>No</b>
Hepatitis Cirrhosis Fatty liver Impaired liver function	Other:		

**Dr David Dong**  
 BSc (Hons) Melb Uni  
 GradDipClinDent (Sedation) Syd Uni  
 Provider #: 4663707L

**M:** 0430 339 610  
**E:** [IVDentSedSyd@gmail.com](mailto:IVDentSedSyd@gmail.com)  
**W:** IVDentSedSyd.com  
 Last updated: Jan 2022

## IV Dental Sedation Sydney

<b>Kidney conditions:</b>		<b>Yes</b>	<b>No</b>
Glomerulonephritis Kidney stones Impaired renal function Dialysis	Other:		
<b>Endocrine conditions:</b>		<b>Yes</b>	<b>No</b>
Diabetes High thyroid hormone Low thyroid hormone	Other:		
<b>Blood conditions:</b>		<b>Yes</b>	<b>No</b>
Prolonged bleeding Blood transfusions Haemophilia	Other:		
<b>Neurological conditions:</b>		<b>Yes</b>	<b>No</b>
Seizures Epilepsy Fitting Migraines Parkinson's disease	Other:		
<b>Bone or joint conditions:</b>		<b>Yes</b>	<b>No</b>
Osteoporosis Joint operations Artificial joints	Other:		
<b>Immune Conditions:</b>		<b>Yes</b>	<b>No</b>
Autoimmune disease Transplants Chemotherapy Radiation therapy	Other:		
<b>Infections (Past or current):</b>		<b>Yes</b>	<b>No</b>
Hepatitis B Hepatitis C HIV/AIDS Tuberculosis	Other:		
<b>Mental health conditions:</b>		<b>Yes</b>	<b>No</b>
Anxiety/depression Schizophrenia Bipolar disorder Psychiatric treatment	Other:		
<b>Allergies: (If YES, please describe the reaction)</b>		<b>Yes</b>	<b>No</b>
Latex Soy Egg Milk Iodine Penicillin Sulfur	Other:		

**Dr David Dong**  
 BSc (Hons) Melb Uni  
 GradDipClinDent (Sedation) Syd Uni  
**Provider #: 4663707L**

**M:** 0430 339 610  
**E:** [IVDentSedSyd@gmail.com](mailto:IVDentSedSyd@gmail.com)  
**W:** [IVDentSedSyd.com](http://IVDentSedSyd.com)  
 Last updated: Jan 2022

## IV Dental Sedation Sydney

<b>Do you consume or use any of the following?</b>			
<b>Smoking</b>	___ cigarettes per day for ___ years	<b>Yes</b>	<b>No</b>
<b>Alcohol</b>	___ standard drinks per day / week	<b>Yes</b>	<b>No</b>
<b>Recreational drug use</b>		<b>Yes</b>	<b>No</b>
<p>If you answered YES to any questions, please use the space below to provide more details as needed. Any other conditions that have not been mentioned?</p>          			
<b>Are you pregnant or breastfeeding?</b>		<b>Yes</b>	<b>No</b>
<b>Are you taking any medications? Include prescription, over the counter, herbal, and/or supplements</b>		<b>Yes</b>	<b>No</b>
If you are taking many medications, please bring a list of your current medication from your GP			
<b>Medication</b>	<b>Medical condition</b>	<b>Dosage</b>	<b>Frequency</b>
<b>Patient Name</b>			
<b>Patient Signature Or Legal Guardian</b>			
<b>Date</b>			

**Please return your completed medical history questionnaire via email,  
at least 1 week prior to your sedation appointment.**

**Dr David Dong**  
 BSc (Hons) Melb Uni  
 GradDipClinDent (Sedation) Syd Uni  
 Provider #: 4663707L

**M:** 0430 339 610  
**E:** [IVDentSedSyd@gmail.com](mailto:IVDentSedSyd@gmail.com)  
**W:** IVDentSedSyd.com  
 Last updated: Jan 2022

## IV Dental Sedation Sydney

### **IV Conscious Sedation Consent Form**

I have been informed and given the opportunity to ask questions regarding:	<i>Please tick and initial each line</i>
• the nature of intravenous (IV) conscious sedation,	
• the risks and benefits of this form of sedation,	
• the alternatives available,	
• the BEFORE sedation and AFTER sedation instructions, and	
• the medical history questionnaire.	
I have made appropriate arrangements for a responsible adult to collect me from the dental practice and accompany me home.	
Name	
Contact Number	
Relationship to patient	
I have fasted appropriately as detailed in the BEFORE sedation and AFTER sedation instructions.	
Stopped food at:	_____ AM / PM    TODAY / YESTERDAY
Stopped drinks at:	_____ AM / PM    TODAY / YESTERDAY
I have discussed with my dentist advantages and disadvantages of each treatment option. I understand this is the appropriate treatment. I hereby give consent for dental treatment to be performed under intravenous conscious sedation.	
Dentist Name	
Planned Treatment	
Patient Name	
Signature of Patient or Legal Guardian	
Date	